

# Oakland Flag Football League

## Spring 2009

Boys and Girls

4 years old - 8<sup>th</sup> grade



NFL FLAG is the premier youth football league that provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork, discipline and sportsmanship. With a co-ed, 5 v 5 format and a maximum of 10 players, there will be plenty of action for everyone. Because no-contact is allowed, size does not matter.

**Dates:** Saturdays, April 18 – June 6

**Season:** 7 practices, 7 games

**Practices & Games:** All Practices will be held one hour prior to game time at Aaron Perry Park.

### Grade Divisions & Times:

- PK/K 10-12am
- 1st/2nd 11-1pm
- 3rd/4th 12-2pm
- 5th/6th 1-3pm
- 6th/7th/8th 2-4pm



**Cost:** \$79 includes official NFL reversible team jersey (mouthguard required, cleats optional)

**Registration:** You must register online at [www.CoachGenevieve.com](http://www.CoachGenevieve.com) or at one of the following locations prior to April 1, 2009.



Saturday, **February 28**, 10 – 12am @ OLHSA Building (196 Cesar E. Chavez Ave.)

Tuesday, **March 3**, 6-8pm @ City Hall (47450 Woodward Ave.)

Thursday, **March 12**, 6-8pm @ Ruth Peterson Senior Center (990 Joslyn Rd.)

Saturday, **March 21**, 2-4pm @ OLHSA Building (196 Cesar E. Chavez Ave.)

Monday, **March 30**, 6-8pm @ City Hall (47450 Woodward Ave.)

### **VOLUNTEER PARENT COACHES NEEDED!**

Call (248) 508-7579 or send an email to [The1KingGroup@yahoo.com](mailto:The1KingGroup@yahoo.com) if interested.