

Pontiac Senior News

Volume 110, Issue 110

June 2016

Recipe of the Month

Broccoli salad

Ingredients:

- 2 heads of broccoli (large)
- 2 cup shredded cheddar cheese
- 1 lb bacon (fried crisp and crumbled)
- 1 small onion, diced

Dressing

- 1 cup mayonnaise
- $\frac{1}{2}$ cup sugar or sugar substitute
- 2 tbsp. vinegar
- 1 cup raisins (optional)

Directions:

Chop up the broccoli into small pieces. Add your diced onion, cheese and crumbled bacon.

Fix your dressing by adding the ingredients together into a bottle with a lid and shake till combined. Now add to salad and mix thoroughly.

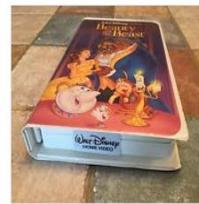
Refrigerate for at least 2 hours but even better if you make it the night before. Before serving toss the salad once again and then plate your salad

Food for thought "If you don't have time to do it right, when will you have time to do it over?"

Summer is finally here get out and enjoy

What your VHS tapes are worth now

When's the last time you checked your collection of VHS tapes? You may not realize it, but those outdated tapes you probably have stored in your attic or storage unit could potentially be worth thousands.



NEW LISTING: Walt Disney's Beauty and The Beast "Black Diamond Classic" Rare (VHS, 1992)
\$12,225.00
or Best Offer
Free shipping



BEAUTY and the BEAST (VHS, 1992) WALT DISNEY BLACK DIAMOND CLASSIC NEW SEALED

\$199.99
Buy It Now
Free shipping
174 watching



On sites like eBay and LoveAntiques, collectible VHS tapes are valued at upwards of nearly \$10,000 - depending on the rarity and condition of the tape. Before you decide to dig up those old VHS tapes.

Disney's Beauty and the Beast Black Diamond Edition (VHS, 1992) Extremely rare!



Bowens Center
Monthly Card Game
Pot Luck, June 16
1pm - 5pm

Happy Birthday June Babies



Share Today. Shape Tomorrow.

Join the Foster Grandparent Program

Foster Grandparent volunteers are mentors, tutors and role models for youth with exceptional needs that serve in various community settings.

Requirements

- Age 55 or over
- Meet income guidelines
- Serve 20 hours a week
- Follow program guidelines

Benefits

- Non-taxable stipend (\$2.65/hr.)
- Mileage reimbursement
- Meal assistance
- Supplemental accident & liability insurance

FOR MORE INFORMATION ABOUT THE FOSTER GRANDPARENT PROGRAM OF OAKLAND COUNTY CONTACT CAROL AT 248-559-1147 EXT. 3919

The Foster Grandparent Program is funded by the Corporation for National and Community Service, the Michigan Aging and Adult Services Agency and financial support from the community.



FACT OF THE DAY

Cork was developed as a bottle closure in the late 17th century. It was only after this that bottles were laid down for aging, and the shapes changed from short and bulbous to tall and slender.

“In this life, we have to make many choices. Some are very important choices. Some are not. Many of our choices are between good and evil. The choices we make, however, determine to a large extent our happiness or our unhappiness, because we have to live with the consequences of our choices.”

Fun Activities for Senior Citizens at Ruth Peterson Senior Center



Ruth Peterson Senior Programs provide a wide variety of recreation and leisure activities for seniors. Activities include specialty and creative craft classes, fitness and dance classes, cultural events and field trips. Most classes are FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participants provide their own materials.

There were several sewing machines stored away just collecting dust. They are now being put to use. Linda Simpson helps seniors with basic sewing projects.



Mandy proudly show off her custom design cup.



Let's make our T-shirts beautiful

Custom designs by Vivian and Ruby



Book Club



Cards



Seniors having fun Ballroom dancing



Cinco de Mayo

Just Move



Anna planting flowers



Movie and popcorn



La Amistad Ruth Peterson Seniors

Regular Scheduled Activities

Robert W. Bowens Senior Center

52 Bagley, Pontiac, MI 248-758-3240

<u>Activity</u>	<u>Day</u>	<u>Time</u>
Exercise Class	M.W.F.	10.00AM -11.00AM
Computer Class	Last Day June 8, 2016	Summer Break
Beginner Hustle Dance	Monday	6PM - 7PM
Golden Opportunity	Tuesday	10AM - 12PM
Bingo	Tuesday	1PM - 2PM
M.O.W. (Lunch)	Daily (\$2.50)	12PM - 1PM
Jewelry Making	1 ST & 3 rd Tuesday	1PM -3PM
Hustle Dance Class	Wednesday	5PM - 7PM
Billiard (Pool)	Daily	9AM - 5PM
Cards	Daily	9AM - 5PM

Golden Opportunity Weekly Meeting Tuesday 10AM - 12PM

Bowens Seniors remember to wear your T-Shirt every 3rd Tuesday or pay 50 cents.

Bowens Center T-Shirts & Sweatshirts



Gold or Black
 \$1.00 for ever X over 3X
 Long sleeve Sweatshirt available
 check for price
Contact:
 Edward Benson 248-978-6172

LA AMISTAD - Weekly meetings
 Ruth Peterson Senior Center
 990 Joslyn Ave. Pontiac, MI
 Monday 10AM - 3PM
 Thursday 10AM - 3PM

Ruth Peterson Senior Center

990 Joslyn, Pontiac, MI 248-758-3282

<u>Activity</u>	<u>Day</u>	<u>Time</u>
Exercise Video	Daily every hour	9AM - 5PM
Bingo	Monday & Thursday	1PM - 3PM
Pinochle	Monday	11:30AM - 3PM
M.O.W. (Lunch)	Daily (\$2.50)	12PM - 1PM
Billiards (Pool)	Daily	9AM - 5PM
Computer Lab	Daily	9AM - 5PM
Hustle Dance Class-beginners	Thursday	11AM - 12PM
Hustle Dance Class	Thursday	5PM - 7PM
Chair Fitness	Monday, Wednesday, Friday	11AM - 12PM
Craft / Art Class	Daily	10AM - 2PM
Sewing Class	Tuesday	10AM - 2PM
Graphic Class	Wednesday	10AM - 2PM

Pay No Interest Until 2018 With These Credit Cards

Stop wasting money on interest fees! If you're carrying a balance on one (or several) credit cards, you're probably paying interest fees each month. Or if you need to make a large purchase that you can't pay off for a while, you'll likely start racking up substantial interest on your card. The fees might not seem like that big of a deal, but over time they can add up to a lot of dough and make it much more difficult and expensive to pay down your balance. Did you know there's a way to avoid paying interest on your credit card balances? By taking advantage of a card with a long 0% intro APR, you can essentially get a free loan and pay down your balance without spending a dime in interest.

The question is, which cards offer the most competitive features and longest 0% intro APRs? We've done the research and found the best. In fact, with some of these cards the 0% intro APR is so outrageously long you'll **pay absolutely no interest until 2018**.



With an amazing **21-month 0% intro APR on balance transfers and purchases**, the Citi Simplicity Card will take you all the way into 2018 without paying a dime in interest. It sounds crazy, but it's true. There is a 3% balance transfer fee, but given the lengthy 0% intro APR period, it still might be worth transferring a balance to this card. Additionally, there are no late fees, no annual fee and no penalty rates imposed. This means if you happen to be late with a payment, you won't be penalized with a higher ongoing interest rate after the 0% intro APR period is over. It does require excellent credit. We really like Citi Simplicity because of its super-long 21-month 0% intro APR, lack of late fees and \$0 annual fee.

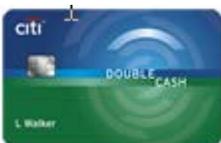


Similar to Citi Simplicity, the Citi Diamond Preferred Card features a spectacular **21-month 0% intro APR on balance transfers and purchases**. It also has a very reasonable ongoing interest rate after the 0% intro period is up. If you're transferring a balance, you will need to pay a 3% balance transfer fee, but paying no interest until 2018 could make it worthwhile. Additionally, the Citi Diamond Preferred Card has absolutely no annual fee and provides a free monthly Equifax FICO Score. You do need excellent credit to qualify for the card, so if you're not necessarily in that range check out one of the cards listed below that only require good credit.

These cards won't quite take you into 2018, but they still have some terrific features and we highly recommend them.



If you're worried about paying a fee to move your balance from your current card(s) to a new card, worry no more. Chase Slate has absolutely no balance transfer fees for transfers completed within the first 60 days your account is open, which means you can transfer your balances from cards with high ongoing APRs to Slate without paying a cent in fees. On top of that, you'll enjoy a 15-month 0% intro APR on both balance transfers and purchases. And if you happen to have a ding or two on your credit reports, Chase Slate is available to those with good credit (rather than "excellent" credit), which is typically a credit score above 700. Although this card doesn't quite make it to 2018 with its 0% intro APR, the no annual fee and \$0 intro balance transfer fee make it a very compelling choice.



With a nice balance of cash back rewards and an **18-month 0% intro APR on balance transfers**, the Citi Double Cash Card hits the spot. There is no annual fee, and the card is available to those with good credit (670+ credit score), but there is a 3% balance transfer fee. Citi Double Cash's cash back potential is substantial, with an **effective 2% back on every single purchase**. You'll get 1% back when you make the purchase and the other 1% when you pay for it, making this an ideal card for making a big purchase you may not be able to pay off for a while. You'll also receive a free monthly Equifax FICO score, helping you to track your credit over time. Altogether this is a winner of a card, mixing generous cash back with a lengthy 0% intro APR and no annual fee.



Combining cash back rewards with an **18-month 0% intro APR on balance transfers** and a low ongoing APR, Discover it packs a big punch. Transfers incur a 3% balance transfer fee, but this is pretty standard. Discover it also offers a 6-month 0% intro APR on purchases. Plus, you'll earn **5% cash back** in categories that rotate each quarter (on up to \$1,500 in purchases) and 1% back on everything else. Some of the past 5% categories include Amazon.com, gas and restaurants. There is no annual fee and you'll get a free TransUnion FICO Score each month. As an added bonus, Discover it is **available to those with average credit** which is usually considered to be a credit score of 650 and up.